

NWT Judo Association

Arctic Open

January 26-27, 2024

TECHNICAL PACKAGE



Special Guest: JP Cantin



TOURNAMENT VENUE

East Three Secondary School Gymnasium Inuvik, NT

ACCOMMODATIONS

Accommodations are available at MacKenzie Hotel, Capital Suites or Nova Inn, East Three Gym (by request only).

KEY CONTACTS

Tournament Director: *Ed Hartley* Phone number: 867-620-0975

Email: ed.hartley@nwtjudoassociation.ca Please contact Ed with any questions or concerns.

We ask that families contact us by January 19th with numbers of people attending, so that we can plan accordingly.

Kam Lake Dojo Coach/Travel Coordination YK Phone number: 867-445-9949

Email: Chantal.Steitzer@NWTJudoAssociation.ca (President NWTJA)

Fort Providence

Email: dion@nwtjudoassociation.ca

Fort Simpson

Email: tnumata@nwtjudoassociation.ca

SCHEDULE

**Please note the schedule is subject to change.*

Friday January 26, 2023 (Evening)		ETES Gymnasium
	Training Sessions	
6:00 - 6:30	Pre-Judo Ages 5-7	
6:30 - 8:00	Youth Group Ages 8-12	
8:00 - 9:30	Teen and Adult Group	
Saturday January 27, 2024 (All Day)		
9:00 - 9:30	Registration ETES Gym	
10:00 - 12:00	Warm-up and Competition (beginning with Pre-Judo Group against parents) <i>Time is approximate depending on the number of participants</i>	
2:00 - 5:00	Afternoon Warmup and Competition con't	
Sunday Jan 28, 2024 (Morning)		
9:00 - 10:30	Training Camp with JP Cantin	
10:30	Gym/Mat Cleanup	
12:00 - 1:00	Out of Town Participants back to Airport	

COMPETITION FORMAT

- **Everyone must be registered to JUDO CANADA in order to attend the event.**
 - As this is an introduction event NO PENALTIES WILL BE GIVEN for any age or weight category for beginner levels. Advanced levels all regular rules will apply to matches
 - The Pre-Judo matches, ages 5-7, will compete against a family member (ne waza only) and will not take part in the regular competition (some exceptions may apply)
 - Beginner level - an ippon will not end a match, this is to ensure that everyone gets lots of mat time, however, the winner of the match will be determined by whomever has the most ippons at the end of the match, or in case of a tie, the first ippon will be the winner. The match will continue after the win is awarded (referee may ask contestants if they wish to continue)
 - In the case of an ippon the contestants will return to the starting positions before the contest is resumed
 - Children's matches will be 3 min and the teen divisions will be 4 min matches. The referee may extend a match if no score at end of match up to 5 minutes. If no score after max 5 minutes, the contestants will take a break, and have a rematch to determine the winner (first point wins)
 - Divisions will be created to put similar age and sizes together depending on the number of registrants
 - Matches may be stopped early due to referee discretion (ie injury, or unmatched skill level)
 - There will be ne-waza only divisions, where the athletes will start on the ground and will be 3 min in length with the same scoring system as indicated above
 - Athletes may compete in new-waza only, classic format or both
 - All arm bars, chokes and makikomi are forbidden in this tournament

Rules may be changed by the tournament director to meet the skills and abilities of the participants in terms of safety as they see fit prior to or during the competition.

MEDAL CEREMONY

Medals will be awarded to all participants after each block is completed. A podium will be placed for photos.

OTHER INFORMATION If you have a gi please bring it with you. Pictures will be taken for promotional purposes

**ALL PARTICIPANTS MUST PAY A \$25 (\$10 for Family Judo)
REGISTRATION FEE**

[Register](#) For Arctic Open 2024

